



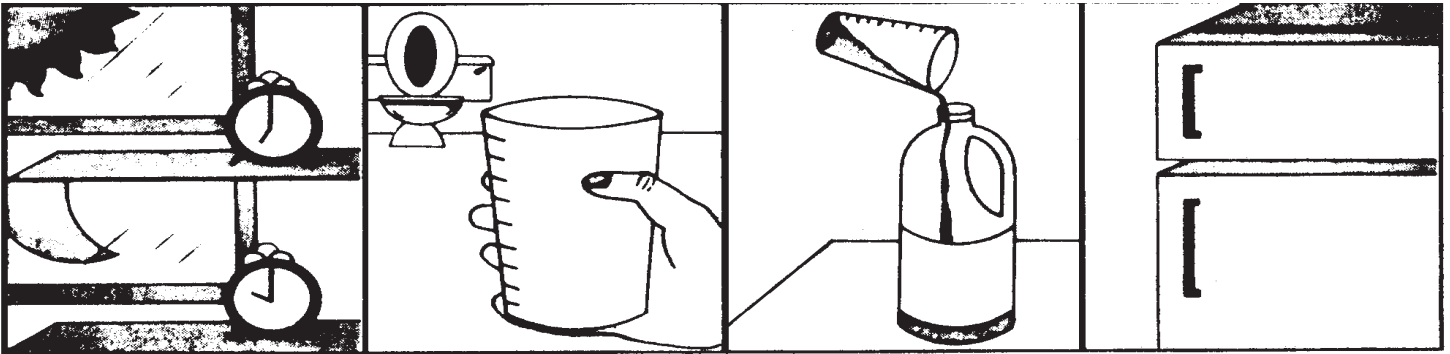
URINE TEST 24 HR COLLECTION

Laboratory Services
(864)512-1816 or (800)868-5877

First Morning

Do NOT collect sample the first time you urinate this morning.

First Day



STEP 1:

Collect **ALL** urine throughout the day.

STEP 2:

Urinate directly into the cup provided.

STEP 3:

Pour urine from the cup into the bottle.

STEP 4:

REFRIGERATE bottle at all times to avoid contamination.

Second Morning

Collect sample only the first time you urinate this morning. You are now finished collecting your sample.

After Collection

Return urine specimen bottle to an AnMed Health Outpatient Service Center.

What To Bring With You to the Lab

1. The physician's order for the test.
2. The urine specimen bottle
3. Billing information will need to be provided to the clerk upon your arrival and registration. The following information will be needed (whichever is applicable):
 - Insurance company and policy number. We will make a copy of insurance card.
 - Medicaid or Medicare number and card. We will make a copy of the card.
 - Guarantor information if neither a or b apply.

PLEASE READ ALL INFORMATION ON OTHER SIDE BEFORE BEGINNING COLLECTION PROCESS.

PLEASE READ BEFORE STARTING COLLECTION OF URINE

The accurately timed urine collection which you are about to make is an important part of your examination. Decisions important to your health may depend upon it. The test is valid only if the collection includes all urine that you pass in a 24 hour period. If for any reason some of the urine passed during this 24 hour period is not put into the containers for the collection, the test will be inaccurate.

Start the 24 hour collection period exactly at 7 a.m. Empty your bladder at that time and discard the urine since this urine was formed before the collection period. Thereafter, collect all urine that you pass for the next 24 hours, until 7 a.m. the following morning. Exactly at 7 a.m., again empty your bladder to stop the collection but this time save the specimen since this urine was formed during the collection period. Should you have a bowel movement during the 24 hour period, try to pass your urine prior to the bowel movement so as to avoid loss of urine.

You will be supplied with two containers. The large container is capped. It may or may not contain some liquid. If liquid is present, do not discard. This liquid is a preservative that is necessary for the accuracy of the particular test your doctor ordered. Do not allow the liquid to come in contact with your skin. If such accidentally happens, wash the involved area immediately with large amounts of water. If irritation persists, call your doctor.

Use the small container (wide mouth and without cover) for collecting all urine passed during each urination. Pour the contents of each successive urination into the large bottle until the entire 24 hour collection is completed as outlined above. Be sure that the large bottle is kept closed between transfers. When the collection is completed, return both containers as instructed by your physician.

For information, contact (864)512-1816 or (800)868-5877.